# **Dramatics**

### Aim:

Einstein said: *'Imagination is more important than knowledge'*, and expressing those Imagination via actions results in communication to others which is second to none. This is the basic premise of 'Dramatics'.

Dramatics is an important tool for preparing students to live and work in a world that is increasingly TEAM-ORIENTED rather than hierarchical. Drama also helps students develop TOLERANCE and EMPATHY. In order to play a role competently, an actor must be able to fully inhabit another's soul. 

## **Procedure:**

The sessions spanned for 9 days and were divided into three parts: -

#### I. Introduction

Expressions through emotions and gesture. In the first part all the basic expressions like 7 Ras which is Bhav used in acting were taught to the students.

They are as follows-

- 1. Hasya
- 2. Krodh
- 3. Vibhatsa
- 4. Veer
- 5. Adboodh
- 6. Shanth
- 7. Bhaya

#### 

## II. Training

In consecutive sessions students were taught how to express themselves through their actions. As the well-known proverb "*Practice makes a man perfect*", the students were explained the different actions through repetitions and using topics such as taking a leaf out of 'Ramayana' depicting Hanuman wandering in Ashok Vatika for searching Ma Sita.

## III. Do It Yourself

The concluding sessions were done with the students being encouraged to stage their own skits which would be directed by the parents and students in skit form about Mothers' Day and submission were done in video form.











